



SARA MORRIS

STAY-AT-HOME MOM

CONTACT

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City, State Abbreviation zip code
LinkedIn | Portfolio

PROFILE

Nurturing child care provider with nearly three years of experience working with children under the age of 5. Passionate about creating an inclusive environment that promotes healthy development and kindergarten readiness.

SKILLS

- Child care management
- Creativity
- Curriculum development
- Empathetic communication
- Nutritional planning
- Patience

EDUCATION

University of Iowa, Iowa City, IA | June 2021
Bachelor of Science (B.S.) in Early Childhood Education

EXPERIENCE

March 2022 – present

Stay-at-Home Mom, Self-Employed, Norwalk, IA

- Manage daily care for three children aged 2 to 5 years old
- Maintain a safe and stimulating environment, providing approximately 40 hours of indoor and outdoor age-appropriate activities per week
- Facilitate weekly playdates with three other families to encourage socialization
- Provide five nutritious meal and snack options, accommodating food allergies and supporting healthy growth
- Reduced monthly expenses by 15% through strategic budgeting and cost-saving measures

August 2021 – February 2022

Preschool Teacher, Wishing Star Childcare, Des Moines, IA

- Educated a classroom of 15 preschool children in collaboration with student teachers
- Brainstormed ideas during team meetings to create dynamic and engaging play-based learning plans
- Secured a \$5,000 grant for classroom resources as a result of co-authoring a grant proposal with a colleague
- Supported the director with curriculum development and administrative tasks

CERTIFICATIONS

- Iowa Pre-Kindergarten Teaching License, Iowa Department of Education, 2021
- First Aid and CPR Certified, American Red Cross, 2019