




OLIVIA MARTIN

Compassionate home health aide specializing in geriatric care

Experienced home health aide with over seven years of supporting elderly clients. Skilled in fall prevention, chronic condition management, and maintaining a safe, clean living environment to improve quality of life.

CONTACT

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KEY SKILLS

- Geriatric care
- Fall prevention
- Chronic condition management
- Medication reminders
- Light housekeeping

PROFESSIONAL EXPERIENCE

Home health aide

ElderCare Services, Portland, OR | July 2016 to present

- Provided daily living support for eight elderly clients, reducing fall incidents by 30% through mobility and environment adjustments
- Managed medication schedules for chronic illnesses, improving adherence rates by 25%
- Maintained detailed records of clients' conditions, enabling effective communication with health care providers

Personal care assistant

Silver Years Agency, Portland, OR | January 2014 to June 2016

- Assisted clients with meal preparation, ensuring nutritional needs were met
- Delivered companionship services, enhancing clients' emotional well-being and reducing isolation by 40%
- Coordinated transportation for medical appointments, ensuring timely access to care

EDUCATION AND CERTIFICATION

- Certified Home Health Aide (HHA) | Oregon Health Academy
- CPR and First Aid Certified | Red Cross