

# ETHAN BROOKS

ethanbrooks@example.com • (555) 456-1234 • Houston, TX 77001

---

## Empathetic home health aide experienced in amyotrophic lateral sclerosis and neurological care

Dedicated home health aide with over five years of assisting clients with amyotrophic lateral sclerosis (ALS) and other neurological conditions. Skilled in adaptive equipment use, health monitoring, and providing emotional support.

## Professional Experience

### Neurological care aide

Texas Neurology Home Care, Houston, TX | March 2018 to present

- Provided specialized care for four clients with ALS, maintaining independence through adaptive equipment use and mobility aids
- Monitored clients' respiratory functions, enabling early intervention and avoiding hospitalizations in 90% of cases
- Supported families emotionally, offering resources to manage stress during challenging care scenarios

### Personal care assistant

Comfort Connections, Houston, TX | January 2016 to February 2017

- Assisted clients with neurological conditions in personal hygiene, feeding, and physical therapy exercises
  - Reduced caregiver burnout by collaborating with family members to rotate responsibilities and provide respite care
  - Recorded changes in motor skills, enabling timely adjustments to care plans by therapists
- 

## Key Skills

- Neurological care
  - Adaptive equipment training
  - Daily living assistance
  - Health tracking
  - Emotional support
- 

## Education and Certifications

- Certified Nursing Assistant (CNA) | Texas Care Academy
- CPR Certified | American Heart Association