


# SOPHIA GREEN





## Experienced home health aide specializing in stroke recovery support

Dedicated home health aide with over six years of experience assisting clients recovering from strokes. Proficient in physical therapy support, mobility improvement, and personalized care planning to restore independence and enhance quality of life.

## CONTACT

 (555) 987-1234

 sophiagreen@example.com

 Atlanta, GA 30301

## EDUCATION & CERTIFICATIONS

- Certified Nursing Assistant (CNA) | Georgia Health Institute
- CPR and First Aid Certified | American Heart Association

## PROFESSIONAL EXPERIENCE

### Home health aide

Peachtree Rehabilitation Services, Atlanta, GA | April 2018 to present

- Assisted six stroke patients with rehabilitation exercises, improving mobility by an average of 30% within three months
- Trained clients and families on the proper use of assistive devices, reducing injury risks by 40%
- Collaborated with therapists to adjust care plans, ensuring optimal recovery outcomes

### Personal care assistant

CareBridge Agency, Atlanta, GA | February 2016 to March 2018

- Supported daily activities for four clients, including bathing, grooming, and medication reminders
- Designed balanced meal plans tailored to specific dietary needs, increasing client energy levels by 20%
- Documented weekly progress, providing detailed reports for families and physicians

## KEY SKILLS

- Stroke recovery care
- Assistive device training
- Health progress tracking
- Nutritional planning
- Physical therapy support