




Jean Watson

Compassionate assisted living CNA with four years of experience supporting elderly and disabled residents. Skilled in ADL assistance, companionship, and mobility support. Passionate about improving residents' quality of life through attentive and respectful care.

CONTACT

 (123) 456-7890

 email@example.com

 LinkedIn | Portfolio

 Springfield, IL

KEY SKILLS

- Personal care and hygiene assistance
- Mobility and transfer support
- Meal preparation and feeding assistance
- Emotional and social engagement
- Dementia and Alzheimer's care
- Family communication

PROFESSIONAL EXPERIENCE

Certified Nursing Assistant – Assisted Living Facility | Sunrise Assisted Living, Springfield, IL | August 2019 – Present

- Provide daily care for 12+ residents, ensuring comfort and safety
- Assist with transfers, reducing resident fall rates by 25%
- Engage residents in activities and social programs to enhance quality of life

Certified Nursing Assistant – Home Care Services | Companion Care Home Health, Springfield, IL | July 2017 – July 2019

- Provided in-home care for elderly clients, assisting with personal hygiene and daily activities
- Coordinated with nurses to monitor patient conditions and medication schedules
- Developed personalized care plans, improving resident satisfaction rates by 40%

EDUCATION

Associate of Science (A.S.) in Geriatric Support
Springfield Community College, Springfield, IL | June 2017

CERTIFICATIONS

- Certified Nursing Assistant (CNA), Illinois Department of Public Health, May 2017
- Basic Life Support (BLS), American Heart Association, June 2023