



Sarah Johnson

A compassionate physical therapy assistant with over five years of experience implementing treatment plans in collaboration with licensed therapists. A strong history of educating patients on treatment plans to improve recovery rates and reduce repeat injuries.

CONTACT



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LinkedIn | Portfolio



Denver, CO

EDUCATION

Bachelor of Science, Kinesiology
University of Denver, Denver, CO
May 2018

KEY SKILLS

- Treatment planning
- Patient education
- Manual therapy
- Injury prevention
- Orthopedic rehabilitation

PROFESSIONAL EXPERIENCE

Senior Physical Therapy Assistant | Highland Physical Therapy, Denver, CO
May 2022 - Present

- Implement over 300 individualized treatment plans designed by physical therapists, contributing to an 18% reduction in average recovery times
- Educate and guide patients on home exercises and injury prevention techniques to reduce repeat injuries and achieve positive outcomes in 84% of patients
- Support the physical therapist in adapting treatment plans and adjusting therapies based on patient progress and pain levels

Physical Therapy Assistant | Pfizer, Denver, CO
June 2018 - May 2022

- Helped the physical therapist implement treatment plans for over 100 patients with musculoskeletal and neurological conditions, contributing to recovery and rehabilitation
- Provided patient education on therapeutic exercises and home care, improving patient compliance and effectiveness of treatment
- Collaborated with an interdisciplinary team of health care providers to develop holistic rehabilitation programs tailored to individual patient needs

CERTIFICATIONS

- Physical Therapist Assistant Certification (PTAC), Federation of State Boards of Physical Therapy | May 2018
- Cardiopulmonary Resuscitation (CPR), American Heart Association | May 2018