



LILY MATTHEWS

Entry-Level Dental Hygienist

CONTACT



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email@example.com



LinkedIn | Portfolio



Los Angeles, CA

KEY SKILLS

- Patient care
- Fluoride treatments and sealant application
- Oral health education
- Infection control and sterilization
- Dental software (Dentrix, Eaglesoft)

CERTIFICATIONS

- Registered Dental Hygienist (RDH), American Dental Hygienists Association (ADHA), May 2024

ABOUT ME

A motivated and compassionate dental hygienist, recently certified and skilled in oral health care, patient education, and infection control. Eager to support dental teams in delivering quality care and improving patient oral hygiene practices.

PROFESSIONAL EXPERIENCE

Dental Hygienist Intern

Sunrise Dental Clinic, Los Angeles, CA | January 2024 - May 2024

- Assisted in providing dental cleanings for 20+ patients per week under the supervision of a licensed dental hygienist
- Educated patients on proper oral hygiene techniques and recommended at-home care routines
- Performed fluoride treatments and applied dental sealants, enhancing patient preventive care
- Maintained a clean and sterile environment by following infection control protocols

Dental Assistant

Pacific Dental Care, Los Angeles, CA | June 2023 - December 2023

- Supported the dental team by preparing exam rooms, sterilizing instruments, and assisting during procedures
- Managed patient records, ensuring accuracy and compliance with dental regulations
- Scheduled patient appointments and communicated post-procedure instructions

EDUCATION

Associate of Applied Science (A.A.S.) in Dental Hygiene

University of Southern California, Los Angeles, CA