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## CONTACT

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 LinkedIn

## KEY SKILLS

- Goal-setting frameworks
- Group workshop facilitation
- Accountability partnerships

## EDUCATION

- B.A. in Psychology  
UC Berkeley  
CA | May 2017

# Michael Thompson

## Life Coach Resume

### ABOUT ME

Certified life coach specializing in career transitions and personal development. Known for actionable goal-setting and accountability partnerships.

### PROFESSIONAL EXPERIENCE

#### Certified Life Coach | Self-Employed, (Remote)

January 2021 – Present

- Guide 30+ clients monthly, achieving a 90% goal-attainment rate.
- Conduct group workshops on career clarity for 50 participants.

#### Wellness Facilitator | LifeWorks Coaching, Remote

March 2018 – December 2020

- Co-facilitated 100+ virtual sessions on stress management.
- Designed a 6-week career pivot program adopted by 3 corporate clients.

### CERTIFICATIONS

- ICF ACC Accreditation, September 2019
- NLP Practitioner Certification, March 2018