

# IC

# Isabella Chavez

## CONTACT



(123) 456-7890



email@example.com



LinkedIn | Portfolio



City, ST 12345

## KEY SKILLS

- Cueing techniques
- Activity setup
- Safety monitoring
- Elopement prevention
- Respectful care

## ABOUT ME

Companion dementia caregiver with three years of experience using validation therapy and reminiscence techniques. Skilled in engaging clients and maintaining a supportive environment.

## PROFESSIONAL EXPERIENCE

**DEMENTIA COMPANION | SUNRISE MEMORY CARE, CITY, ST**  
FEBRUARY 2019 - PRESENT

- Conduct reminiscence sessions with personal memorabilia for 12 residents, improving mood-rating scores by 35%
- Provide one-on-one companionship, reducing agitation episodes by 25%

**VOLUNTEER DEMENTIA COMPANION | LOCAL ALZHEIMER'S ASSOC., CITY, ST**  
SEPTEMBER 2017 - JANUARY 2019

- Led weekly music therapy groups, boosting resident participation by 50%