



Virginia Cruz

Respite caregiver with four years of experience offering temporary relief for primary caregivers of children and seniors. Experienced in providing short-term, high-quality support.

PROFESSIONAL EXPERIENCE

January 2018 - Present

Respite Caregiver | Volunteer Respite Network | City, ST


- Deliver weekly 4-hour relief sessions to 12 families, maintaining 100% positive feedback
- Perform personal care, meal prep, and light housekeeping during each session

June 2015 - December 2017

Short-Term Care Aide | City Home Care | City, ST

- Provided emergency backup care for clients, ensuring no service interruption

CONTACT

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 LinkedIn | Portfolio

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KEY SKILLS

- Short-term relief
- Personal care
- Meal prep
- Light housekeeping
- Family feedback