

JR

# Jeremy Roberts

## Maternity Nanny

Maternity nanny with three years of experience supporting new parents and newborns. Expert in infant care routines, sleep training, and parent education.

## PROFESSIONAL EXPERIENCE


Maternity Nanny | March 2021 - Present  
Rivera Family | City, ST

- Provide newborn care (feeding, bathing, sleep training) on a 24/7 basis for first six months
- Educate parents on safe-sleep practices, reducing nighttime awakenings by 40%
- Maintain feeding logs and developmental milestone records


Postpartum Doula | June 2019 - February 2021  
Bloom Doula Services | City, ST

- Assisted in-home education on infant care and maternal self-care
- Coordinated respite care and light housekeeping, improving parents' rest quality by 30%

## CONTACT

 (123) 456-7890

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 LinkedIn | Portfolio

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## KEY SKILLS

- Infant sleep training
- Safe-sleep compliance
- Parental education
- Developmental tracking
- Doula support