







Luis Contreras

Trauma OR nurse with expertise in emergency surgical response and fast-paced coordination

Committed to patient stabilization, efficient hand-offs, and reducing intraoperative complications through quick, clinical decision-making.

CONTACT

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KEY SKILLS

- Trauma protocol
- Rapid-response procedures
- Sterile technique
- OR documentation

PROFESSIONAL EXPERIENCE

July 2020 - Present

Surgical Nurse – Trauma Team, Sharp Memorial Hospital | San Diego, CA

- Work in trauma OR, handling over 800 emergent surgeries
- Initiate code blue protocols and support crash C-sections

August 2016 - June 2020

Operating Room Nurse, Scripps Mercy Hospital | San Diego, CA

- Provided perioperative support for general and vascular trauma cases
- Participated in debriefings to improve trauma care efficiency

EDUCATION

Bachelor of Science in Nursing (BSN)

San Diego State University | May 2016