



Jamila Carter

Carpenter laborer

Reliable and safety-conscious carpenter laborer with three years of experience in construction support, site preparation, material handling, and debris management. A dependable team player with a strong work ethic, consistent safety record, and developing skills in basic carpentry task support. Committed to efficient job site operations that keep crews productive and projects on schedule.



Houston, TX



(123) 456-7890



email@example.com



LinkedIn

KEY SKILLS

- Job site setup, preparation, and cleanup
- Material transportation and staging
- Basic hand and power tool operation
- Debris management and waste disposal
- OSHA safety protocol compliance
- Framing and assembly support
- Equipment operation (hand trucks, pallet jacks)
- Blueprint reading fundamentals
- Team collaboration and task responsiveness

CERTIFICATIONS

- OSHA 10-Hour Construction Safety, OSHA, September 2022
- First Aid and CPR Certification, American Red Cross, July 2021

PROFESSIONAL EXPERIENCE

CARPENTER LABORER | HORIZON BUILDERS HOUSTON, TX | MAY 2021 – PRESENT

- Transported and staged materials for 20+ residential construction projects, reducing average job site cleanup time by 30% through organized staging zones and end-of-shift debris removal protocols
- Supported carpenters with framing, assembly, and installation tasks across 20+ residential projects, maintaining accurate material counts and staging to keep crews continuously productive
- Followed all OSHA safety protocols across 3 years of active site work, contributing to an accident-free record on all Horizon Builders projects during tenure
- Operated hand trucks, pallet jacks, and wheelbarrows to move lumber, concrete blocks, and framing materials across active sites, completing all material movements without damage or delay
- Assisted in setting up and tearing down scaffolding on 10+ projects, following safety specifications for weight limits, bracing, and access point placement
- Maintained tools and equipment for crews of up to 8 carpenters, tracking inventory and reporting damaged items for replacement to prevent workflow disruptions
- Supported daily site cleanup operations that met municipal debris disposal regulations on all projects, preventing site compliance violations across 3 consecutive years

EDUCATION

- High School Diploma
North High School, Houston, TX | June 2020