



# MARISOL TAVARES

Certified Nursing Assistant

## CONTACT INFORMATION

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## SKILLS

- ADLs and personal care
- Vital signs and I&O tracking
- Safe patient handling and Hoyer lifts
- Dementia and end-of-life care
- Wound observation and skin checks
- PointClickCare and Epic charting
- Infection control and PPE protocols
- Spanish-English medical interpretation
- BLS / CPR
- Patient and family communication

## ABOUT ME

CNA with 5 years of bedside experience across med-surg, rehab, and long-term care settings. Known on the unit for catching subtle changes in patient condition early and keeping families calm during difficult shifts. BLS-certified, fluent in Spanish, and comfortable supporting RNs through high-acuity admissions.

## EXPERIENCE

### Certified Nursing Assistant

Brightwater Rehabilitation Center | Providence, RI | 2021-Present

- Provide direct care to a daily assignment of 9 to 12 post-surgical and stroke recovery patients, including ADLs, transfers, and toileting.
- Flagged early signs of sepsis in a post-op patient by reporting a 2.3 degree temp spike and confusion to the charge RN; intervention started within 20 minutes.
- Trained 6 new CNAs on the unit's safe lift protocol after a peer back injury, contributing to zero staff lift-related incidents over the following year.
- Document I&O, vitals, and behavioral changes in PointClickCare each shift, with chart audit scores consistently above unit average.
- Translate for Spanish-speaking families during admissions and care plan meetings, reducing the need for outside interpreter calls on evenings and weekends.

### Nursing Assistant

Cedar Hollow Skilled Nursing | Warwick, RI | 2019-2021

- Cared for long-term residents with dementia, Parkinson's, and end-of-life needs on a 32-bed memory care wing.
- Built individualized routines for 4 residents with sundowning behaviors, which helped reduce nighttime falls on the wing.
- Assisted hospice nurses with comfort care and family support during the final hours for over 20 residents.
- Picked up an average of 3 extra shifts per month during the 2020 staffing crisis without missing a scheduled shift.

## EDUCATION

### Certified Nursing Assistant (CNA)

Rhode Island Department of Health, License #CNA-RI, active through 2026

BLS for Healthcare Providers

American Heart Association, current

CNA Training Program

Community College of Rhode Island, 2019