



ADAEZE MENSAH

MSN, RN, CCRN

CONTACT INFORMATION



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Tampa, FL

EDUCATION

Master of Science in Nursing (Nursing Leadership)

University of South Florida
May 2020

Bachelor of Science in Nursing (BSN)

Florida Atlantic University
May 2012

- Licensure: RN, Florida #RN-9087412 (compact)
- Certifications: CCRN, BLS, ACLS, TNCC

KEY SKILLS

- Charge nurse leadership (24-bed ICU)
- Acuity-based staffing & assignments
- CLABSI, CAUTI, VAP prevention
- Hemodynamic monitoring, IABP, CRRT
- Code team leadership
- Preceptor & charge-nurse trainer
- Shared governance & practice councils

ABOUT ME

Charge RN with 12 years of critical care experience and 4 years leading a 24-bed mixed medical-surgical ICU. CCRN-certified with an MSN in Nursing Leadership. Strong record in staff development, throughput, and quality metrics including CLABSI, CAUTI, and VAP prevention.

PROFESSIONAL EXPERIENCE

Charge Nurse, Medical-Surgical ICU | February 2021 - Present

Gulfstream Heart & Vascular Institute, Tampa, FL

- Run a 24-bed mixed ICU on day shift, balancing assignments for 12 RNs based on acuity, certification, and orientee pairing
- Drove CLABSI rate down to 0.31 per 1,000 line days over 18 months through a daily line-necessity audit and dressing-change huddle
- Co-led a rapid response team redesign that brought average response time to under 4 minutes 30 seconds across both towers
- Mentor 6 charge-nurse trainees per year through a structured 90-day program I built with the nurse manager
- Represent the unit on the hospital's Nurse Practice Council and chair the falls prevention subcommittee

Senior Staff Nurse, Cardiothoracic ICU | September 2017 - January 2021

Palmetto Bay Medical Center, Sarasota, FL

- Cared for post-op CABG, valve, and VAD patients with vasoactive drips, IABP, and CRRT
- Served as code team leader on off-shifts and helped lead 30+ resuscitations over 4 years
- Built and ran a sim-lab refresher on hemodynamic monitoring attended by 48 ICU nurses
- Precepted 9 RNs through CTICU orientation; all 9 passed unit competencies on first review
- Sat on the CTICU clinical ladder committee, reviewing portfolios for RN III and RN IV advancement

Registered Nurse, Medical ICU | June 2013 - August 2017

Coral Bayou Regional Hospital, Fort Myers, FL

- Carried a 2-patient ICU assignment including ventilated, septic, and CRRT patients
- Trained as a charge-nurse relief in year 3 and covered weekend day shifts on a 16-bed unit
- Helped pilot the hospital's early sepsis screening tool, later adopted system-wide
- Served as union representative on the staffing committee for 2 years