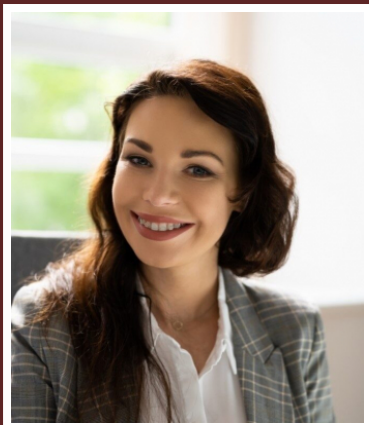




MAYA CASTELLANOS, OTR/L

Senior Occupational Therapist

Licensed occupational therapist with 7 years across inpatient rehab, outpatient pediatric, and home health settings. Strong record of building treatment plans that families actually follow, with caseloads of 45-60 patients per week. Trained in NDT, sensory integration, and dementia-friendly ADL retraining.

CONTACT INFORMATION



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Portland, OR, NY 12345

EDUCATION

- Master of Occupational Therapy (MOT)

Pacific University, 2017

- B.S. in Kinesiology

Oregon State University, 2015

SKILLS

- ADL/IADL retraining
- Neuro-Developmental Treatment (NDT certified)
- Sensory integration (SIPT)
- Custom splinting and orthotics
- Home safety and fall risk assessment
- Epic and WebPT documentation
- Pediatric feeding (SOS approach)
- Bilingual: English/Spanish
- Caregiver education
- IEP and 504 collaboration

EXPERIENCE

Senior Occupational Therapist

Cascade Rehabilitation Partners | Portland, OR | 2021-Present

- Carry a caseload of 52 patients per week across stroke, orthopedic, and TBI populations, with average length of stay reduced from 18 to 13 days after revising upper-extremity protocols.
- Mentor 4 OT fellows and 2 OTAs, leading weekly case conferences and co-signing documentation for new graduates.
- Rewrote the splinting clinic intake workflow, cutting wait time for custom orthoses from two weeks to four days.
- Serve on the falls-prevention committee, helping standardize home safety assessments across three sister clinics.
- Partner with speech and PT to run combined feeding and seating evals for medically complex pediatric transfers.

Occupational Therapist

Riverbend Pediatric Therapy | Eugene, OR | 2018-2021

- Treated 35-40 children weekly with autism, sensory processing disorder, and developmental delays, focused on school readiness and self-care goals.
- Built parent-coaching binders in English and Spanish that cut no-show rates by roughly a third over 18 months.
- Wrote IEP-aligned reports for 80+ students and attended team meetings with school districts in Lane County.
- Trained two new clinicians on the SOS feeding approach and helped onboard our first telehealth caseload during 2020.