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# Karen Thomas

Operating Room Or Nurse

New graduate RN with 720 hours of clinical rotations including a 144-hour perioperative capstone at a Level I trauma center. Comfortable scrubbing basic general surgery cases and seeking a periop 101 residency. NCLEX-RN passed first attempt, April 2024.

## Location

Nashville, TN

## Phone

(615) 308-2244

## Email

jordan.pham@example.com

## Education

Bachelor of Science in Nursing,  
Belmont University, May 2024 (GPA  
3.74)

Licensure: Tennessee RN License  
#RN240118, issued May 2024

Certifications: BLS (AHA), ACLS in  
progress

Honors: Sigma Theta Tau Honor  
Society, Beta Iota Chapter

## Key Skills

- Sterile technique & surgical hand scrub
- Instrument & sponge counts (AORN)
- Patient positioning (supine, lithotomy, lateral)
- Foley insertion & skin prep
- Cerner & Epic EMR documentation
- SBAR handoff communication
- BLS, NIH Stroke Scale trained

## Professional Experience

Senior Nursing Capstone, OR Rotation, Cumberland Heights University Hospital, Nashville, TN  
| Jan 2024 to Apr 2024

Jan 2024 - Apr 2024

- Completed 144-hour preceptorship rotating through general, vascular, and GYN OR suites under a CNOR preceptor.
- Scrubbed in on 22 cases including lap appy, lap chole, and AV fistula creation.
- Performed surgical counts on instruments, sponges, and sharps following AORN guidelines with no documented count discrepancies.
- Presented a 15-minute in-service to staff on fire risk in head-and-neck cases using the AORN fire triangle assessment.

Patient Care Technician, Cumberland Heights University Hospital, Nashville, TN | 2022 to 2024  
2022 - 2024

- Worked PRN on a 28-bed surgical step-down unit while completing nursing school.
- Took vitals, assisted with ADLs, and helped position post-op patients for 6 to 8 patients per shift.
- Trained 3 new PCTs on EMR vital sign documentation in Cerner.

- Spanish (conversational)