





# Stephanie Young


Medical Surgical Nurse

Med-surg staff nurse with 4 years on a 30-bed orthopedic and general surgery unit. Strong post-op pain management, anticoagulation teaching, and early mobilization. Resource nurse for joint replacement protocol and CMSRN candidate sitting for exam in fall 2025.

## CONTACT INFORMATION

 (612) 555-0173

 hannah.okafor@email.com

 Minneapolis, MN 12345

## KEY SKILLS

- Post-op orthopedic recovery and early mobilization
- PCA, epidural, and peripheral nerve block management
- Anticoagulation teaching (warfarin, DOACs, Lovenox)
- Wound vac, JP drains, and incision care
- Epic Inpatient and Rover
- ERAS pathway and SCD compliance auditing
- Float pool cross-training (oncology, renal, GI)
- Preceptorship and peer review
- SBAR handoff and bedside shift report

## PROFESSIONAL EXPERIENCE

2022 - Present

**Staff Nurse, Orthopedic-Surgical Unit | Northstar Lakeside Hospital, Minneapolis, MN**

- Manage a 5-patient post-op assignment with focus on total joints, spine fusion, and general surgery recoveries.
- Reduced post-op day-one ambulation delays on my shifts by roughly 30% by coordinating early with PT and pain management.
- Serve as unit resource for the enhanced recovery after surgery (ERAS) joint pathway and audit compliance monthly.
- Trained 6 float pool nurses on the unit's PCA, epidural, and continuous nerve block workflows.
- Active member of the unit practice council, leading the 2024 SCD compliance initiative.

2021 - 2022

**Registered Nurse, Medical-Surgical Float Pool | Northstar Lakeside Hospital, Minneapolis, MN**

- Floated across 4 adult med-surg units, including oncology overflow and renal/GI, with 5-6 patient ratios.
- Completed cross-training in chemotherapy administration basics and PD/HD patient handoffs.
- Selected for nursing peer review committee within first year as RN.

2020 - 2021

**Graduate Nurse Resident, Med-Surg | Northstar Lakeside Hospital, Minneapolis, MN**

- Completed 12-month Vizient/AACN-accredited nurse residency with capstone on hand hygiene compliance.
- Progressed from 3 to 5 patient assignments by week 16 of orientation.
- Earned safety star award for catching a heparin pump programming error on day shift.

## EDUCATION

Bachelor of Science in Nursing (BSN), University of Minnesota, 2020

RN License, Minnesota #RN-554120

BLS and ACLS, American Heart Association

CMSRN Candidate, exam scheduled October 2025