



BIANCA ALVARADO

RDA

Registered Dental Assistant with 5 years of chairside experience across general and pediatric practices. Skilled in four-handed dentistry, digital radiography, and coronal polishing, with a steady record of keeping providers on schedule during high-volume days. Comfortable coaching anxious patients and training new assistants on sterilization workflow.

CONTACT INFORMATION



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Sacramento, CA

EDUCATION

Dental Assisting Certificate
Carrington College, Sacramento, CA
July 2020

RDA License in #DA85412
Dental Board of California

BLS for Healthcare Providers
American Heart Association November 2025

KEY SKILLS

- Four-handed chairside assisting
- Digital radiography (Dexis, Schick)
- Coronal polishing
- Impressions and iTero scanning
- Dentrax and Open Dental
- Sterilization and OSHA compliance
- Nitrous oxide monitoring
- Pediatric patient management
- Spanish (fluent)
- Inventory and supply ordering

PROFESSIONAL EXPERIENCE

Registered Dental Assistant | June 2022 - Present

Magnolia Family Dental, Sacramento, CA

- Support 2 general dentists and 1 hygienist across 38 patient visits per day, including crown preps, extractions, and pediatric exams
- Took over inventory management and cut monthly supply spend by roughly 14% by switching to bulk ordering for gloves, anesthetic, and impression material
- Trained 3 new assistants on OSHA sterilization protocols and digital intraoral scanning with the iTero unit
- Coach pediatric and dental-phobic patients through tell-show-do, helping the practice keep no-show rates under 6%
- Coordinate with the front desk on same-day treatment plans, insurance pre-auths, and CDT code accuracy

Dental Assistant | January 2020 - November 2022

Riverbend Pediatric Dentistry, Folsom, CA

- Assisted in 25-30 pediatric procedures daily including sealants, pulpotomies, and stainless steel crowns
- Set up nitrous oxide monitoring and documented vitals for kids under conscious sedation
- Maintained Dentrax charting and uploaded digital X-rays with consistent labeling
- Stepped in as float assistant during staffing gaps, covering both ops and sterilization room