

AG

Ashley Garcia

Patient Care Technician

CONTACT INFORMATION



(480) 555-0177



adaeze.okafor@example.com



Mesa, AZ 12345

EDUCATION

- **Associate of Applied Science, Health Sciences, Pima Community College, 2016**
- **Patient Care Technician Certificate, Arizona Medical Training Institute, 2014**
- **Certified Hemodialysis Technician (CCHT), NNCC, current**
- **Certified Patient Care Technician/Assistant (CPCT/A), NHA, current**
- **BLS and ACLS, American Heart Association, current**

KEY SKILLS

- AV fistula and graft cannulation
- 12-lead EKG and telemetry monitoring
- Phlebotomy and blood culture draws
- Trauma room and code blue support
- Foley, ostomy, and wound care assist
- Epic, Cerner, and eCube charting
- Preceptor and competency sign-off
- De-escalation and safe-restraint
- Bilingual: English/Igbo

ABOUT ME

Senior Patient Care Technician with 11 years across emergency, ICU step-down, and outpatient dialysis. Lead preceptor for new PCT and nursing student rotations. Known for staying calm in codes and keeping a packed assignment organized end of shift.

PROFESSIONAL EXPERIENCE

LEAD PATIENT CARE TECHNICIAN, EMERGENCY DEPARTMENT | SAGUARO VALLEY HEALTH, MESA, AZ | 2021 TO PRESENT

- Anchor the PCT team across a 42-bed ED averaging 220 visits per day; assign zones, breaks, and stretcher turnover with the charge nurse.
- Trained and signed off 18 new PCTs over three years on EKG, splinting assist, and trauma room setup.
- Reduced lab redraws by retraining the team on tube order and labeling at the bedside; quality audit showed a clear quarter-over-quarter drop.
- Run point on rapid stroke and STEMI workups, getting EKGs to the provider in under 6 minutes from door arrival.
- Sit on the ED workplace violence committee and lead monthly safe-restraint refreshers.

PATIENT CARE TECHNICIAN, ICU STEP-DOWN | NORTH PUEBLO MEDICAL CENTER, TUCSON, AZ | 2017 TO 2021

- Worked 1:4 to 1:6 PCT-to-patient ratios on a high-acuity step-down unit with trach, vent-wean, and post-cardiac patients.
- Assisted with art line and central line dressing changes, chest tube setup, and proning teams.
- Trained on the hospital's mobility-first initiative; helped get post-op patients out of bed twice per shift.
- Charted in Epic and ran hourly safety rounds, reducing unwitnessed falls on the unit over a 12-month stretch.
- Filled in as unit secretary as needed, managing admits, discharges, and bed huddle updates.

PATIENT CARE TECHNICIAN | DESERT BLOOM DIALYSIS CENTER, TUCSON, AZ | 2014 TO 2017

- Cannulated AV fistulas and grafts for a chair load of 12 chronic hemodialysis patients three days a week.
- Set up and broke down Fresenius 2008T machines, ran pre- and post-treatment vitals, and documented in eCube.
- Logged 1,400+ successful cannulations with a documented infiltration rate under unit benchmark.
- Coached new techs through their first 90 days, focusing on dry weight calculations and access assessment.

**CERTIFIED NURSING ASSISTANT I MESA VIEW REHABILITATION, MESA, AZ
I 2013 TO 2014**
2013 - 2014

- Carried an 11-resident assignment on a sub-acute rehab wing.
- Helped therapists with ambulation, gait belt transfers, and ADL retraining.
- Earned employee of the quarter once for catching a resident's early UTI symptoms and reporting them same shift.