

JA

CONTACT INFORMATION



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EDUCATION

B.S., Retail and Consumer Sciences, University of North Carolina at Greensboro, 2014

Dale Carnegie Leadership Training for Managers, 2020

KEY SKILLS

- P&L ownership (controllable lines)
- Multi-department staffing
- New store openings
- Labor modeling and forecasting
- Turnover and retention programs
- Vendor and DSD management
- Loss prevention and cash audits
- Performance management
- Remodel and construction coordination
- Reflexis, Kronos, NCR Counterpoint
- Microsoft Excel (pivot tables, vlookups)

Jason Adams

Assistant Manager

ABOUT ME

Assistant Manager with 11 years in multi-unit retail and grocery, including 3 years on a flagship \$12.6M store. Track record of opening new locations, rebuilding underperforming teams, and pulling controllable expenses back into plan within two quarters.

PROFESSIONAL EXPERIENCE

SENIOR ASSISTANT MANAGER | CARDINAL FRESH MARKET, CHARLOTTE, NC 2021 - PRESENT

- Second in command at the chain's highest-volume store (\$12.6M annual sales) with 62 associates across 6 departments.
- Took over a store with a 47% annual turnover rate and brought it down to 28% over 18 months through revised onboarding and weekly 1:1s with department leads.
- Own the controllable P&L line items; pulled supply and waste back into plan two quarters running.
- Led the in-store side of a full remodel, keeping the store open through 14 weeks of construction with no week falling below sales plan.
- Sit on the district's labor model committee; piloted a forecasting tweak now used at 9 stores.

ASSISTANT STORE MANAGER | CARDINAL FRESH MARKET, GREENSBORO, NC 2018 - 2021

- Ran a \$6.8M store with 38 associates as the lead ASM on a 2-ASM team.
- Opened the location from soft open through 90-day stabilization, hiring 31 of the 38 original associates.
- Cut overtime hours from 4.2% to 2.0% of payroll by retooling the weekly bid schedule.
- Owned vendor relationships for produce and dairy, including weekly DSD reconciliation.
- Stood in as acting store manager for 4 months during a vacancy.

DEPARTMENT MANAGER, FRONT END | CARDINAL FRESH MARKET, GREENSBORO, NC 2016 - 2018

- Managed 22 cashiers and 4 service desk associates.
- Cut average checkout wait from 5:10 to 3:25 by rebalancing register coverage against scanned-traffic data.
- Ran the cash office, including bank deposits and weekly safe audits.
- Took the lead on coupon and EBT compliance training for the front end.

SHIFT SUPERVISOR | MAPLE HILL PHARMACY, DURHAM, NC 2014 - 2016

- Supervised 5-7 associates per shift across registers, photo, and OTC.
- Handled controlled-substance log audits twice a month.
- Trained 14 associates over 2 years on register, returns, and HIPAA basics.

- Picked up keyholder duties within 7 months of being hired.