



Dorothy Martinez

Physician Assistant

Orthopedic Physician Assistant with 9 years split between clinic and OR support for a six-surgeon sports medicine practice. First-assist on 350+ cases annually, with independent fracture clinic and post-op management. Strong fit for groups that want a PA who can both run clinic flow and stand at the table.

CONTACT INFORMATION



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EDUCATION

- **MASTER OF SCIENCE, PHYSICIAN ASSISTANT STUDIES, AUGSBURG UNIVERSITY, 2016**
- **B.S. KINESIOLOGY, UNIVERSITY OF MINNESOTA, 2013**
- **NCCPA CERTIFIED (PA-C), 2016-PRESENT | MN LICENSE #5572-PA**
- **CERTIFICATE OF ADDED QUALIFICATIONS (CAQ) IN ORTHOPAEDIC SURGERY, 2021**
- **BLS, ACLS (CURRENT)**

KEY SKILLS

- **Surgical first-assist (arthroscopy, arthroplasty)**
- **Fracture reduction and casting**
- **Joint aspiration and injection**
- **Pre-op clearance and risk stratification**
- **Post-op pain and DVT management**
- **Modernizing Medicine and Epic EHR**
- **Clinic flow and template design**
- **PA and resident precepting**
- **Patient education for post-op recovery**

PROFESSIONAL EXPERIENCE

SENIOR PHYSICIAN ASSISTANT, ORTHOPEDIC SURGERY | NORTHSTAR BONE & JOINT INSTITUTE, SAINT PAUL, MN | 2019 - PRESENT

- First-assist on 360-400 cases per year including ACL reconstruction, rotator cuff repair, total knee and shoulder arthroplasty.
- Run an independent fracture and post-op clinic two half-days per week, averaging 24 patients per session.
- Cut 30-day post-op call volume by close to one-quarter after rewriting the discharge instruction packet and adding a 72-hour check-in call.
- Onboard incoming PAs and orthopedic residents on splinting, brace fitting, and clinic documentation in the practice's Modernizing Medicine EHR.
- Co-led the move from paper consent to e-consent workflow across two surgical sites.

PHYSICIAN ASSISTANT, ORTHOPEDIC TRAUMA | IRON RANGE TRAUMA CENTER, DULUTH, MN | 2016 - 2019

- Covered orthopedic trauma consults overnight and on weekends across a Level I service line.
- Performed bedside reductions, splinting, and traction pin placement; managed pre-op clearance for admitted fracture patients.
- Took weekly call for 3 years with no readmission attributable to a missed PA workup, per annual M&M review.
- Built a standing order set for hip fracture admissions that shortened average ED-to-floor time by roughly 90 minutes.