



MARISELA QUINTERO

Caregiver

Compassionate caregiver with 6 years supporting elderly and disabled clients across in-home and assisted living settings. Skilled in dementia care, mobility assistance, and medication reminders. Known by families and case managers for steady communication and reliable attendance.

CONTACT INFORMATION



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Tulsa, OK 12345

EDUCATION

- Certified Nursing Assistant (CNA), State of Oklahoma, 2019
- Home Health Aide Certificate, Tulsa Community College, 2019

KEY SKILLS

- Dementia and Alzheimer's care
- Medication reminders
- Hoyer lift and gait belt transfers
- Vital signs monitoring
- Meal preparation and special diets
- CPR and First Aid certified
- Bilingual: English and Spanish
- PointClickCare documentation

PROFESSIONAL EXPERIENCE

Senior Caregiver | 2021 - Present
Willow Bend Home Care, Tulsa, OK

- Support a caseload of 7 clients with Alzheimer's, Parkinson's, and post-stroke recovery, including bathing, dressing, and meal prep
- Maintained a 98% on-time arrival rate across 1,400+ shifts logged in the agency scheduling app
- Trained 4 new caregivers on transfer technique, gait belt use, and incontinence care during their first two weeks
- Flag changes in appetite, mood, or skin integrity to the RN supervisor within the same shift, helping prevent two ER visits last year
- Coordinate with family members on grocery runs, medication refills, and appointment transportation

Home Health Aide | 2019 - 2021
Sunridge Assisted Living, Broken Arrow, OK

- Assisted 12-15 memory care residents per shift with ADLs, ambulation, and dining room support
- Documented daily care notes in PointClickCare and reported vitals to charge nurse
- Led a weekly music and reminiscence activity that brought in 8-10 residents who rarely joined group programs
- Earned Caregiver of the Quarter twice for low fall counts on assigned hallway