



Stephanie Young

Labor And Delivery Nurse

Staff L&D nurse with 4 years on a 28-bed birthing unit delivering more than 2,400 babies annually. Strong with high-risk antepartum, emergent cesareans, and OB triage. AWHONN Intermediate Fetal Monitoring certified and working toward RNC-OB this year.

CONTACT INFORMATION



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KEY SKILLS

- Pitocin induction & cervical ripening
- Continuous EFM interpretation
- Cesarean circulation
- OB triage assessment
- Postpartum hemorrhage management
- Magnesium sulfate protocols
- Epic Stork charting
- Patient education & birth planning
- New grad precepting

PROFESSIONAL EXPERIENCE

Labor & Delivery RN | Sonoran Crossing Medical Center, Tucson, AZ
2022 - Present

- Carry typical assignments of 1-2 laboring patients plus 1 antepartum or recovery, on a unit averaging 7 deliveries per shift.
- Independently manage Pitocin inductions, cervical ripening with Cervidil and Foley bulbs, and second-stage coaching for unmedicated patients.
- Float to OB triage and recover roughly 4 cesarean patients per week, including spinal taper and Foley removal protocols.
- Joined the unit's Stop the Bleed committee in 2023, helped roll out massive transfusion checklists into Epic order sets.
- Mentored 3 new grads through their preceptorship in the past year.

Labor & Delivery RN | Mesa Verde Community Hospital, Flagstaff, AZ
2020 - 2022

- First RN job out of new grad residency on a low-volume 8-bed unit (about 35 deliveries per month).
- Cross-trained to postpartum and newborn nursery; circulated cesareans on call once per week.
- Cared for a rural transfer population including preterm labor, PROM, and severe preeclampsia awaiting flight transport.
- Completed AWHONN Intermediate Fetal Monitoring and STABLE during my second year.

EDUCATION

BSN, Northern Arizona University, 2020

AWHONN Intermediate Fetal Monitoring; STABLE; NRP; BLS/ACLS

RNC-OB exam scheduled Fall 2025