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Amanda Walker

Massage Therapist

Licensed massage therapist with 6 years of clinical and spa experience across deep tissue, myofascial release, and prenatal modalities. Known for steady client retention and clear SOAP documentation that supports referring chiropractors and PT clinics.

CONTACT INFORMATION

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KEY SKILLS

- Deep tissue and trigger point
- Myofascial release
- Prenatal massage
- SOAP charting
- Hot stone and aromatherapy
- Client intake and contraindication screening
- Cupping (silicone)
- Mindbody and Booker scheduling
- HIPAA-compliant documentation

PROFESSIONAL EXPERIENCE

LEAD MASSAGE THERAPIST | CEDAR & STONE WELLNESS STUDIO, PORTLAND, OR

2021 – PRESENT

- Manage a book of 28 standing clients with a 92% rebook rate over the last 12 months.
- Handle complex cases referred from two local chiropractors, including post-MVA soft tissue work and chronic low back patterns.
- Mentor 3 newer therapists on intake interviewing, draping, and pressure calibration during their first 90 days.
- Rewrote the studio's intake form to flag contraindications earlier, cutting mid-session reschedules.
- Cross-trained front desk on package pricing, which lifted membership conversions during the 2023 fall promo.

MASSAGE THERAPIST | RIVERMARK SPA & RESORT, HOOD RIVER, OR

2019 – 2021

- Performed 25-30 sessions per week across Swedish, hot stone, and couples treatments.
- Earned a 4.9 guest rating across 180+ post-stay surveys.
- Trained two seasonal therapists on resort flow and gratuity etiquette.
- Built a quiet repeat-guest pipeline by sending handwritten follow-ups to weekend visitors.

EDUCATION

Diploma in Therapeutic Massage, East West College of the Healing Arts, 2019

Oregon LMT License #24115, MBLEx Passed 2019

CEU: Myofascial Release Level 1 and 2 (2022)