

Matthew White

Babysitter

Portland, OR 12345 | (503) 412-8867 | priya.achterberg@example.com

Reliable babysitter with 6 years caring for children ages 6 months to 12 years across short evenings, full weekends, and recurring after-school schedules. CPR and First Aid certified, comfortable handling allergies, bedtime routines, homework help, and household pickups. Known by families for clear updates and showing up on time.

PROFESSIONAL EXPERIENCE

Regular Family Babysitter | 2021 – Present

Hollis Family (private), Portland, OR

- Care for three children (ages 4, 7, and 10) two evenings per week and most Saturdays, averaging 18 hours weekly.
- Manage school pickups from two locations, snack prep, homework help, and a 30-minute reading routine before bed.
- Track a tree nut allergy for the youngest, including EpiPen location and label-reading every snack.
- Send a short text recap after each shift covering meals, moods, and any bumps or bruises.

On-Call Babysitter | 2019 – Present

Care.com Network, Portland, OR

- Booked 80+ one-time and recurring sits through Care.com profile rated 4.9 stars across 47 reviews.
- Sit for infants through preteens, including bottle feeds, diaper changes, bath time, and tween hangouts.
- Cover date nights, work travel, and last-minute calls within a 20-minute response window most evenings.
- Bring a packed activity bag (crafts, card games, sensory bins) so screen time stays under one hour per shift.

Summer Nanny | Summers 2022 – 2023

Whitlock Household, Beaverton, OR

- Watched twin 6-year-olds Monday through Thursday, 8 AM to 4 PM, for 11 weeks across two summers.
- Drove kids to swim lessons, day camp dropoffs, and the library reading program in family minivan.
- Planned weekly themes (space, ocean, bugs) with matching books, crafts, and a Friday show-and-tell for parents.
- Handled lunch prep, light tidying of play areas, and a strict 1 PM quiet hour.

EDUCATION

Associate of Arts, Early Childhood Education, Portland Community College, 2020

CPR and First Aid Certification (Infant, Child, Adult), American Red Cross, renewed 2024

Safe Sitter Essentials Certificate, 2019

High School Diploma, Lincoln High School, Portland, OR, 2018

KEY SKILLS

- Infant and toddler care (bottle feeding, diapering, naps)
- Allergy and EpiPen management
- Bedtime and bath time routines
- School and activity pickup with safe driving record
- Clear parent communication and shift recaps
- Emergency response and first aid
- School-age homework help and reading routines
- Meal and snack preparation
- Age-appropriate activity planning and crafts
- Screen time management and behavior redirection
- Household tidying and laundry basics
- Punctuality and reliable scheduling