



Emma Perez

Lifeguard

Lifeguard with four seasons at high-traffic beach and pool venues, certified in Lifeguarding/CPR/AED and Waterfront Skills. Logged 38 documented rescues and zero drownings on assigned stands. Comfortable training new staff and running rotations on busy weekends.

CONTACT INFORMATION

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EDUCATION

- American Red Cross Lifeguarding/First Aid/CPR/AED Certification, 2024
- American Red Cross Waterfront Skills Certification, 2023
- Ellis & Associates Lifeguard Instructor Certification, 2023
- High School Diploma, Sarasota High School, Sarasota, FL, 2020

KEY SKILLS

- 10/20 protection scanning standard
- Active and passive victim rescues
- CPR, AED, and oxygen administration
- Spinal injury management and backboarding
- Rip current recognition and surf rescue
- Water chemistry testing (chlorine, pH, alkalinity)
- Rotation scheduling and stand coordination
- In-service training and skills drills
- Incident reporting and documentation
- Crowd control and patron de-escalation
- First aid for heat illness and minor trauma

PROFESSIONAL EXPERIENCE

- Senior Lifeguard, Coquina Beach Aquatics, Sarasota, FL**
2022 – Present
 - Lead rotations of 6-10 guards across three stands during peak summer crowds of 2,500+ daily visitors.
 - Performed 22 active rescues and 140+ preventive interventions; no incidents escalated to EMS hand-off.
 - Train seasonal hires on scanning patterns, victim recognition, and spinal management during in-service drills.
 - Audit AED, oxygen, and first-aid kits weekly and log inventory in the operations binder.
 - Coordinate with park rangers and beach patrol on rip current advisories and double-red closures.
- Lifeguard, Bayside Recreation Center, St. Petersburg, FL**
2021 – 2022
 - Guarded indoor 8-lane competition pool and outdoor leisure pool serving roughly 600 patrons per shift.
 - Responded to two near-drowning incidents involving children under 8, both released without hospitalization.
 - Enforced facility rules around the diving well and slide tower with calm de-escalation.
 - Substituted as swim lesson instructor for Level 1-3 classes when scheduling fell short.
- Seasonal Lifeguard, Pinellas County Pools, Largo, FL**
2020 – 2021
 - Scanned crowded family pool zones using 10/20 standard and rotated stands every 20 minutes.
 - Tested water chemistry (chlorine, pH, alkalinity) twice per shift and recorded readings for the manager.
 - Maintained certification through monthly in-service trainings; scored 96 on rescue skills check.

- Radio communication with EMS and beach patrol