

# Gary Mitchell

## Babysitter

Career babysitter and part-time nanny with 12+ years caring for children from newborn through age 14. Background includes overnight sits, special needs experience, and travel sitting for two families. CPR, First Aid, and Water Safety certified through the American Red Cross.

### CONTACT INFORMATION



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Charlotte, NC 12345

### EDUCATION

Associate of Applied Science,  
Early Childhood Education, Central  
Piedmont Community College,  
2013

CPR and First Aid Certification  
(Infant, Child, and Adult), American  
Red Cross, renewed 2024

Water Safety Instructor  
Certification, American Red Cross,  
2022

Safe Sitter Instructor Training  
Completion, 2018

### KEY SKILLS

- Infant and toddler care (bottle feeding, diapering, nap routines)
- School-age homework support across reading, math, and writing
- Behavior management for ADHD and sensory-sensitive children
- Allergy-aware meal prep (peanut-free, gluten-free, low-sugar)
- Newborn schedule tracking using Huckleberry and similar apps
- Safe driving with car seat and booster installation
- Overnight and travel sitting logistics

### PROFESSIONAL EXPERIENCE

#### Lead Family Babysitter | Sanderlin Household, Charlotte, NC 2019 – Present

- Primary sitter for three kids, ages 3, 8, and 11, working 22 to 28 hours across four shifts per week.
- Coordinate school pickup, piano lessons, and soccer practice using a shared Google Calendar with both parents.
- Support the 8-year-old, who has ADHD, with a homework routine that cut nightly meltdowns from near-daily to about once a month.
- Plan and prep family dinners twice a week, sticking to a peanut-free and low-sugar grocery list.
- Travel with the family 3 to 4 weekends per year as the sole childcare provider on trips to the beach and grandparents' farm.

#### Date-Night and Weekend Babysitter | Independent (referral network), Charlotte, NC 2015 – Present

- Maintain a roster of 9 regular families who book me 1 to 3 times per month for evenings, sleepovers, and event sits.
- Charge \$25 per hour for one child and \$30 per hour for two or more, with a 4-hour minimum on Saturdays.
- Run a no-screens rule for the first 90 minutes, swapped for board games, baking, or backyard time.
- Send a written shift recap by 9 AM the next morning covering meals, sleep times, and anything the parents should know.

#### Part-Time Nanny | Whitfield-Park Family, Charlotte, NC 2017 – 2019

- Cared for newborn twins and a 4-year-old four days a week, 7 AM to 1 PM, for about 22 months.
- Handled feeding schedules every 3 hours, nap rotations, and tracking diapers in the Huckleberry app.
- Drove the 4-year-old to preschool, gymnastics, and pediatric appointments in a family-provided SUV.
- Trained two backup sitters on the household routine, allergy plan, and emergency contact protocol.

#### After-School Sitter | Rojas Family, Matthews, NC 2014 – 2017

- Picked up two kids from elementary school five afternoons a week and supervised until 6:30 PM.
- Walked the family dog, started laundry, and unloaded the dishwasher as part of the agreed routine.

- Activity planning (crafts, baking, outdoor play, board games)
- Screen-time limits and age-appropriate media rules
- Emergency response, CPR, and First Aid
- Clear parent communication and written shift recaps
- Light household support (laundry, dishes, tidying play areas)

- Helped with homework across all subjects, especially reading fluency for the younger child.
- Stayed three full years until older child entered middle school and switched to a bus route.