



Daniel Jackson

Counselor

Licensed Professional Counselor with seven years of outpatient experience treating adults with anxiety, depression, and trauma-related disorders. Trained in cognitive behavioral therapy, trauma reprocessing, and Motivational Interviewing, with a caseload that typically runs 28 to 32 active clients per week. Known for steady no-show rates and clear treatment planning that holds up in insurance audits.

CONTACT INFORMATION

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EDUCATION

M.A. in Clinical Mental Health
Counseling, Rhode Island College,
2018

B.A. in Psychology, University of
Connecticut, 2015

Licensed Professional Counselor (RI),
in good standing

KEY SKILLS

- Cognitive behavioral therapy
- Trauma reprocessing therapy (basic and advanced training)
- Motivational Interviewing
- Trauma-focused treatment planning
- Group facilitation
- Depression, anxiety, and trauma symptom screening
- TheraNest and SimplePractice EHRs
- Insurance documentation and audits
- Risk assessment and safety planning
- Coordination with prescribers and PCPs

PROFESSIONAL EXPERIENCE

Licensed Professional Counselor | 2021 - Present

Bayridge Behavioral Health, Providence, RI

- Carry a weekly caseload of 30 clients across cognitive behavioral and trauma reprocessing tracks, with a documented no-show rate of 7.2% against a clinic average near 15%.
- Cleared a 40-client intake backlog in the first four months by restructuring the assessment template and shortening the initial packet.
- Run a weekly trauma-focused group (6 to 8 members) for adult survivors of intimate partner violence.
- Coordinate medication questions with the prescribing nurse and primary care providers through the shared EHR, keeping releases current on active clients.
- Pass every quarterly chart audit with no corrective action since 2022.

Outpatient Counselor | 2018 - 2021

Silverbrook Counseling Associates, Warwick, RI

- Built a caseload from zero to a steady 26 clients over the first year in a private group practice setting.
- Handled sliding-scale intakes and helped roughly a quarter of new clients navigate out-of-network reimbursement.
- Introduced a brief symptom check for depression and anxiety at every session, which the practice adopted across five clinicians.
- Completed 3,000 supervised hours toward LPC licensure under a board-approved supervisor.