



Patricia Williams

Counselor

LPC-Candidate accruing supervised clinical hours in a community mental health setting, working with adults navigating anxiety, mild-to-moderate depression, and substance use recovery. Comfortable in a fast intake environment and building rapport with clients across a range of ages and backgrounds.

CONTACT INFORMATION



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Fort Collins, CO 12345

KEY SKILLS

- Cognitive Behavioral Therapy
- Motivational Interviewing
- Brief solution-focused therapy
- Substance use screening interviews
- Safety planning
- Group co-facilitation
- Valant EHR
- Case conceptualization
- Supervision preparation and note review

PROFESSIONAL EXPERIENCE

2023 - Present

Counselor Candidate (LPC-C), Front Range Family Wellness, Fort Collins, CO

- Carry a caseload of 18 to 22 weekly clients under the supervision of an LPC-Approved Clinical Supervisor.
- Logged 1,450 direct client hours toward Colorado LPC licensure in the first fifteen months.
- Co-facilitate a weekly relapse-prevention group of 6 to 10 members alongside a licensed addictions counselor.
- Document sessions same-day in Valant EHR to keep the supervisor's review turnaround under 48 hours.

2022 - 2023

Graduate Practicum Counselor, Poudre University Counseling Center, Fort Collins, CO

- Completed 700 practicum and internship hours across brief individual therapy and drop-in crisis screening.
- Ran skills-based cognitive behavioral sessions with roughly 12 undergraduate clients presenting anxiety and academic stress.
- Presented three case conceptualizations in weekly group supervision and revised treatment plans based on feedback.

EDUCATION

M.S. in Clinical Mental Health Counseling, Poudre University, 2023

B.S. in Human Development, Colorado State University, 2020

LPC-Candidate (CO)