



Joel Takahashi

COTA

Certified Occupational Therapy Assistant with 6 years of experience spanning outpatient therapy, long-term care, and rehabilitation settings. Raised home program adherence from 63% to 98.26% by providing written exercise guides and weekly check-in calls. Consistently documents patient progress in written summaries and aligns billable sessions with insurance guidelines to sustain monthly treatment revenue.

CONTACT INFORMATION

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EDUCATION

Associate of Applied Science in
Occupational Therapy Assistant
Stark State College, North Canton, OH
2018 - 2020

KEY SKILLS

- ADL Retraining
- Adaptive Equipment Selection
- Treatment Plan Modification
- Medical Records System
- Microsoft Excel
- HIPAA Compliance
- Home Exercise Program Design
- Therapeutic Activity Grading
- Evidence-Based Practice
- Patient Progress Reporting

PROFESSIONAL EXPERIENCE

COTA I 2023 - Present

Muskingum Valley Rehabilitation Center, Zanesville, OH

- Improved patient functional outcome scores by an average of 14 points per plan of care by adjusting treatment activities under OT guidance when progress plateaued.
- Raised home program adherence from 63% to 98.26% by providing written exercise guides and weekly check-in calls.
- Generated \$16,230 in monthly treatment revenue by completing 42 billable sessions per week aligned with insurance guidelines for rehabilitation services.
- Reported patient progress, attitudes, and behavioral changes to the supervising OT in written summaries within 3 hours of each session.

COTA I 2021 - 2023

Licking Creek Senior Living, Newark, OH

- Achieved an average functional outcome improvement of 11 points for 8 patients per shift by modifying activities when initial approaches did not produce intended results.
- Maintained a home program adherence rate of 98.31% by demonstrating exercises with adaptive equipment and reviewing techniques during follow-up sessions.
- Generated \$13,870 in monthly revenue through consistent scheduling of 34 treatment sessions per week across a 48-bed long-term care unit.

Occupational Therapy Aide I 2020 - 2021

Hocking Hills Outpatient Therapy, Logan, OH

- Prepared treatment rooms and organized adaptive equipment, heating pads, and assistive devices for 7 patients per shift, completing setup in under 9 minutes per station.
- Attended 18 hours of continuing education classes on evidence-based practice standards during the first year of employment.
- Tracked supply usage in Microsoft Excel and maintained inventory of bandages, towels, and assistive devices for the 6-room clinic.

CERTIFICATIONS

- Certified Occupational Therapy Assistant, National Board for Certification in Occupational Therapy, 2020
- Basic Life Support, American Heart Association, 2026