



Valeria Arslan

Telemetry Registered Nurse

Telemetry registered nurse with 6 years of experience interpreting EKG strips, coordinating care plans, and delivering patient education across cardiac step-down and telemetry units. Interpreting EKG strips and escalating rhythm changes contributed to a 30.8% improvement in patient recovery rates over 9 months. Skilled in Epic, hemodynamic monitoring, ACLS protocols, and telemetry monitoring equipment.

Contact Information



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Claremont, NH 12345

Education

Bachelor of Science in Nursing

University of New Hampshire,
Durham, NH | 2016 – 2020

Key Skills

- Cardiac rhythm interpretation
- Telemetry monitoring equipment
- Epic
- EKG/ECG
- IV drip equipment
- Care plan development
- Patient education
- ACLS protocols
- HIPAA compliance
- Infection control procedures
- Hemodynamic monitoring

Professional Experience

TELEMETRY REGISTERED NURSE | ASHUELOT VALLEY MEDICAL CENTER, CLAREMONT, NH 2023 – PRESENT

- Complete 6 care plan updates per shift for a 32-bed telemetry unit, revising medication schedules, activity orders, and dietary needs within 14 minutes of each new assessment finding.
- Deliver 8 patient education sessions per shift covering cardiac rhythm awareness and medication adherence, reducing repeat calls to the nurse station by 3 per hour.
- Interpret EKG strips and escalate rhythm changes to the care team, contributing to a 30.8% improvement in patient recovery rates over 9 months.
- Coordinate discharge planning with case managers and pharmacists, cutting average discharge preparation time from 54 to 37 minutes.

TELEMETRY NURSE | SUGAR RIVER COMMUNITY HOSPITAL, NEWPORT, NH 2021 – 2023

- Updated 5 care plans per shift on a 24-bed cardiac step-down unit, incorporating lab values, hemodynamic trends, and physician orders into Epic within 11 minutes of each change.
- Conducted 5 bedside education sessions per shift on warfarin management and activity restrictions, improving patient self-care confidence scores from 3.1 to 4.3 out of 5.
- Revised post-procedure recovery protocols for cardiac catheterization patients, raising the unit recovery rate by 30.9% over a 7-month period.
- Administered IV medications and titrated drip rates per protocol, maintaining infusion accuracy logs reviewed during monthly audits.

REGISTERED NURSE | CONNECTICUT RIVER HEALTH PARTNERS, LEBANON, NH 2020 – 2021

- Provided direct care to post-operative and cardiac observation patients, delivering 4 education sessions per shift on wound care and activity guidelines.
- Updated 4 care plans per shift for a 22-bed medical unit, adjusting pain management entries and mobility goals after each physician round within 16 minutes.
- Documented assessments, interventions, and patient responses in Epic, completing all charting within 22 minutes of each encounter.

Certifications

- Registered Nurse License, State board of nursing, 2020

- National Council Licensure Examination for Registered Nurses, National Council of State Boards of Nursing, 2020
- Advanced Cardiovascular Life Support Provider, American Heart Association, 2025
- Basic Life Support, American Heart Association, 2026