



Isaac Underwood

Soccer Coach

CONTACT INFORMATION



(302) 555-0111



isaac.underwood@example.com



Smyrna, DE 12345

EDUCATION

- BS in Kinesiology
Temple University, Philadelphia, PA | 2016 - 2020

KEY SKILLS

- Sportscode
- Hudl
- Match Tactical Analysis
- Practice Session Design
- Player Evaluation Methods
- Academic Eligibility Monitoring
- NFHS Standards Compliance
- US Soccer Grassroots Pathway
- Lineup Selection and Formation Strategy
- Microsoft Office

ABOUT ME

Soccer coach with 6 years of experience raising player retention from 71.2% to 84.3% through individual goal-setting conferences and mid-season progress reviews. Skilled in Hudl film review, Sportscode match analysis, and practice session design, with a United Soccer Coaches National Diploma and consistent focus on documented player evaluations across every role.

PROFESSIONAL EXPERIENCE

SOCCER COACH | APPOQUINIMINK YOUTH SOCCER ALLIANCE, MIDDLETOWN, DE 2023 - PRESENT

- Raised player retention rate from 71.2% to 84.3% over two seasons by introducing individual goal-setting conferences and mid-season progress reviews.
- Completed 53 formal player evaluations per season using Hudl film review, documenting technical and tactical benchmarks for each roster member.
- Planned and organized 7 practice sessions per week across two age-group teams, aligning drills to opponent tendencies identified through Sportscode analysis.
- Monitored academic eligibility for 38 student-athletes each semester, resolving 4 grade deficiency cases within 3 weeks of identification.

ASSISTANT SOCCER COACH | SILVER LAKE SOCCER ACADEMY, DOVER, DE 2021 - 2023

- Improved individual ball-handling proficiency scores by 18.9% across 26 players after designing a 12-week progressive skills curriculum.
- Completed 34 end-of-season player evaluations covering fitness benchmarks, positional awareness, and game-day decision-making.
- Kept abreast of NFHS rule changes and US Soccer Grassroots pathway updates, briefing coaching staff within 48 hours of each published revision.
- Organized pre-practice film sessions using Hudl, reviewing 2 opponent matches per week to prepare lineup adjustments.

JUNIOR COACH | CHESAPEAKE BAY SPORTS CLUB, CLAYTON, DE 2020 - 2021

- Led 5 practice sessions per week for a U-14 squad, progressing individual passing accuracy from 54.8% to 71.3% over one season.
- Completed 19 player evaluations each quarter, tracking sprint times, agility scores, and first-touch consistency.
- Studied evolving tactics and coaching philosophies through 14 hours of monthly self-directed professional development.

CERTIFICATIONS

- UNITED SOCCER COACHES NATIONAL DIPLOMA | UNITED SOCCER COACHES | 2022