



Victor Varga

New Grad Psych RN

Registered Nurse with 2 years of experience in acute psychiatric care, holding a Registered Nurse License and Nonviolent Crisis Intervention Training. Stabilized 17 patients in crisis on a 20-bed acute psychiatric unit by applying de-escalation techniques and suicide risk screening tools. Developed 47 individualized care plans in collaboration with psychiatrists and social workers while educating patients and families on medication regimens and community resources.

CONTACT INFORMATION

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KEY SKILLS

- Suicide Risk Screening
- De-escalation Techniques
- Psychotropic Medication Administration
- Care Plan Development
- EHR Documentation
- Vital Signs Monitoring
- HIPAA Compliance
- Patient and Family Education
- Crisis Intervention
- Phlebotomy

PROFESSIONAL EXPERIENCE

NEW GRAD PSYCH RN | CHAPLIN CREEK BEHAVIORAL HEALTH CENTER,
BARDSTOWN, KY
2025 – PRESENT

- Stabilized 17 patients in crisis over 14 months by applying de-escalation techniques and suicide risk screening tools on a 20-bed acute psychiatric unit.
- Developed 47 individualized care plans in collaboration with psychiatrists and social workers, updating interventions after each weekly treatment team meeting.
- Educated 83 patients and their families on medication regimens, coping strategies, and community resources during pre-discharge planning sessions averaging 35 minutes each.
- Documented patient assessments and intervention outcomes in the EHR within 18 minutes of each encounter, maintaining HIPAA-compliant records across all shifts.

PSYCHIATRIC NURSE INTERN | ROLLING FORK BEHAVIORAL SERVICES,
LEBANON, KY
2024 – 2025

- Assisted in stabilizing 54 patients in crisis during a 10-month clinical rotation, performing vital signs monitoring and one-on-one observation under RN supervision.
- Educated 35 patients and families on aftercare instructions and symptom recognition, reinforcing teaching points with printed handouts reviewed by the care team.
- Administered scheduled oral psychotropic medications to 11 patients per shift under RN supervision, documenting responses in the EHR within 20 minutes of each dose.

EDUCATION

Bachelor of Science in Nursing | University of Kentucky
Lexington, KY | 2020 – 2024

CERTIFICATIONS

- Registered Nurse License, State board of nursing, 2024
- National Council Licensure Examination for Registered Nurses, National Council of State Boards of Nursing, 2024
- Nonviolent Crisis Intervention Training, Crisis Prevention Institute, 2024

- Basic Life Support, American Heart Association, 2026