Lisa Jackson

Graduate Assistant Athletic Trainer

Certified Athletic Trainer with 2 years of experience covering rosters of up to 173 student-athletes across multiple sports, maintaining a 99.35% documentation accuracy rate by entering injury evaluations, treatment notes, and physician referrals into Sportsware EMR within 2 hours of each encounter. Reduced hospital visits from sideline injuries by 34.7% through on-site triage and treatment with TENS therapy, cryotherapy, and wound care.

CONTACT INFORMATION

(309) 555-0118

kaito.bergman@example.com

Macomb, IL 12345

EDUCATION

2024 – 2026 | MS in Kinesiology

Western Illinois University, Macomb, IL

2022 – 2024 | MS in Athletic Training

Emporia State University, Emporia, KS

KEY SKILLS

- Sportsware EMR
- ImPACT Concussion Assessment
- TENS Therapy
- Cold Laser Therapy
- FMS Screening
- Emergency Action Plan Protocols
- HIPAA Compliance
- Therapeutic Taping and Bracing
- Weather Tracking Software

PROFESSIONAL EXPERIENCE

Graduate Assistant Athletic Trainer | Fulton Prairie College Athletics, Canton, IL | 2025 – Present

- Covered a roster of 173 student-athletes across football, volleyball, and track, providing pre-practice and game-day injury evaluation, taping, and modality treatments.
- Maintained a 99.35% documentation accuracy rate by entering injury evaluations, treatment notes, and physician referrals into Sportsware EMR within 2 hours of each encounter.
- Reduced hospital visits from sideline injuries by 34.7% through on-site triage decisions that resolved an average of 9 acute cases per month with TENS therapy, cryotherapy, and wound care.
- Inspected 4 outdoor playing fields and 2 indoor courts before each event, identifying and removing 37 hazards such as loose grate covers and exposed sprinkler heads during the fall season.
- Instructed 23 coaches and parents on heat illness recognition and hydration protocols at a preseason safety workshop, distributing printed reference cards based on weather tracking software data.

Athletic Training Intern | Prairie Bluffs High School, Macomb, IL | 2024 – 2025

- Assisted the supervising athletic trainer with daily evaluations for a roster of 112 student-athletes, documenting findings in Sportsware EMR under direct oversight.
- Reported recovery progress for 18 athletes per week to coaches and the team physician, updating return-to-participation timelines after each re-evaluation.
- Delivered an average of 11 therapeutic modality sessions per day using TENS machines and cold laser therapy devices, logging treatment parameters and pain scores for each athlete.

CERTIFICATIONS

- Certified Athletic Trainer, Board of Certification for the Athletic Trainer, 2024
- Athletic Trainer License, Illinois Department of Financial and Professional Regulation, 2024
- Basic Life Support, American Heart Association, 2026

- Injury Evaluation and Triage