

OBINNA TAVARES

Direct Support Professional

CONTACT INFORMATION

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Wytheville, VA 12345

KEY SKILLS

- CareSmart software
- Vital signs monitoring
- Electronic health records
- Community transport coordination
- HIPAA compliance
- CPR and first aid
- Daily living assistance
- NADSP competency standards
- Crisis de-escalation
- Activity planning

ABOUT ME

Coordinating care for up to 6 residents across two residential support roles, this professional has logged wellness checks, managed community activities, and maintained on-time medical transport arrivals on 97 out of every 100 trips over 8 months. Skilled in CareSmart software, vital signs monitoring, electronic health records, and crisis de-escalation.

PROFESSIONAL EXPERIENCE

Direct Support Professional

New River Valley Residential Services, Wytheville, VA | 2025 - Present

- Drove 6 residents to a combined 23 medical, dental, and therapy appointments each week, achieving on-time arrivals on 97 out of every 100 trips over 8 months.
- Facilitated 7 community activities weekly including library visits, park outings, and volunteer sessions for a group of 6 residents.
- Completed 16 wellness checks weekly using vital signs equipment, recording blood pressure, pulse, and temperature readings in CareSmart within 20 minutes of each check.
- Assisted clients with grooming, bathing, and dressing routines each morning, following individualized care plans established by the supervising coordinator.

Residential Aide

Clinch Mountain Support Services, Marion, VA | 2024 - 2025

- Coordinated transit schedules and drove residents to an average of 18 appointments weekly across medical and therapy offices within a 35-mile radius.
- Organized 4 community activities each week, including grocery shopping trips and recreation center visits for 6 residents.
- Performed 11 wellness checks per week, logging all readings into electronic health records within 15 minutes of completion.

EDUCATION

AAS Human Services

Virginia Highlands Community College, Abingdon, VA | 2022 - 2024