Jason Adams

Athletic Trainer

Certified Athletic Trainer with 6 years of experience spanning industrial occupational health, outpatient orthopedic rehabilitation, and scholastic sports medicine. Managed 87 rehabilitation cases annually in an industrial setting, designing individualized return-to-work protocols that averaged 11 days from initial evaluation to full-duty clearance. Proficient in Sportsware EMR, FMS Screening, therapeutic modalities, post-offer employment testing, and ImPACT Concussion Assessment.

Jasper, IN 12345

(812) 555-0125

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KEY SKILLS

- Sportsware EMR
- FMS Screening
- Therapeutic Modalities (Ultrasound, TENS)
- Protective Taping and Bracing
- Post-Offer Employment Testing
- Rehabilitation Program Design
- HIPAA Compliance
- OSHA Standards
- Injury Evaluation and Triage
- ImPACT Concussion Assessment

CERTIFICATIONS

- Certified Athletic Trainer, Board of Certification for the Athletic Trainer, 2020
- Athletic Trainer License, Indiana Professional Licensing Agency, 2020
- Basic Life Support, American Heart Association, 2026

PROFESSIONAL EXPERIENCE

ATHLETIC TRAINER
PATOKA RIVER INDUSTRIAL HEALTH SERVICES, JASPER, IN | 2023 – PRESENT

- Performed 214 post-offer employment tests in the past year for new hires at 3 manufacturing facilities, screening musculoskeletal readiness and documenting findings in Sportsware EMR.
- Managed 87 rehabilitation cases annually, designing individualized return-to-work protocols that averaged 11 days from initial evaluation to full-duty clearance.
- Delivered injury status reports to referring physicians and supervisors within 4 hours of each evaluation, maintaining a turnaround average of 3.2 hours across 346 reports.
- Applied protective braces, tape, and compression wraps to employees with upper and lower extremity conditions, fitting an average of 9 devices per day.
- Advised production staff on proper use of lifting belts, wrist guards, and ergonomic tools during monthly safety walk-throughs at each facility.

ATHLETIC TRAINER
LOST RIVER ORTHOPEDIC CLINIC, BEDFORD, IN | 2021 – 2023

- Managed 74 outpatient rehabilitation cases per year, progressing patients through phased protocols and documenting outcomes in Sportsware EMR.
- Completed injury status reports for all post-surgical and acute referrals within an average of 5.4 hours, reducing physician follow-up delays by 2 days per case.
- Administered therapeutic ultrasound and TENS treatments for an average of 16 patient sessions per day, tracking pain score changes across 4-week cycles.

ASSISTANT ATHLETIC TRAINER
WHITE RIVER VALLEY SCHOOL CORPORATION, LINTON, IN | 2020 – 2021

- Conducted FMS screens for 143 student-athletes during preseason physicals, identifying movement limitations and referring 31 athletes for corrective exercise plans.
- Prepared injury status reports for coaches and the team physician within 6 hours of each sideline evaluation, averaging 19 reports per week during fall and winter seasons.
- Taped ankles, fingers, and wrists for an average of 24 athletes per practice day, selecting appropriate taping methods based on injury history and sport demands.

EDUCATION

MS in Athletic Training
University of Indianapolis, Indianapolis, IN | 2018 – 2020