# Donald Walker

Clinical Athletic Trainer

## CONTACT INFORMATION


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## EDUCATION

- **MS in Athletic Training**
  **Idaho State University, Pocatello, ID | 2018 - 2020**

## KEY SKILLS

- FMS Screening
- ImPACT Concussion Testing
- Sportsware EMR
- TENS and Cold Laser Therapy
- Emergency Action Plan Development
- Injury Prevention Programming
- HIPAA Compliance
- Therapeutic Modality Application
- Return-to-Play Protocols
- OSHA Safety Standards

## ABOUT ME

Certified Athletic Trainer with 6 years of experience spanning industrial, scholastic, and outpatient clinical settings, skilled in FMS Screening, ImPACT Concussion Testing, and Sportsware EMR. Designed and implemented an injury prevention program that reduced workers' comp costs by $43,520 for 137 industrial employees across 2 worksites, and lowered reported soft-tissue injuries by 61.5% through pre-shift movement screens and corrective exercise protocols.

## PROFESSIONAL EXPERIENCE

### CLINICAL ATHLETIC TRAINER | TETON CREEK ORTHOPEDIC & SPORTS MEDICINE, REXBURG, ID

2023 - PRESENT

- Reduced workers' comp costs by $43,520 in the first year by designing and implementing an injury prevention program for 137 industrial employees across 2 worksites.
- Coordinated 3 EAP drill simulations per year with facility safety officers, cutting average emergency response rehearsal time from 9 minutes to 6 minutes.
- Lowered reported soft-tissue injuries by 61.5% after introducing FMS-based pre-shift movement screens and corrective exercise protocols for warehouse and production staff.
- Conducted initial assessments for acute on-site injuries, triaging cases and referring 4 to 6 employees per month to the supervising physician for further diagnostic evaluation.

### ATHLETIC TRAINER | SNAKE RIVER VALLEY HIGH SCHOOL DISTRICT, IDAHO FALLS, ID

2021 - 2023

- Planned and led a season-long injury prevention program that decreased practice-related injuries from 41 incidents to 28 incidents over one academic year.
- Administered ImPACT baseline and post-injury concussion assessments for 218 student-athletes each fall, coordinating return-to-play clearances with team physicians.
- Sanitized and organized 2 athletic training rooms daily, maintaining OSHA-compliant supply logs and restocking modality stations before each practice block.
- Led 2 EAP drill simulations per year at the stadium and gymnasium, recording team response times and briefing coaches on corrective actions within 48 hours of each drill.

### ASSISTANT ATHLETIC TRAINER | HENRYS FORK COMMUNITY HEALTH CENTER, ST. ANTHONY, ID

2020 - 2021

- Assisted the lead athletic trainer with initial injury assessments for a caseload of 86 outpatients per quarter, documenting findings in Sportsware EMR.

- Delivered TENS and cold laser treatments averaging 14 sessions per week, tracking patient-reported pain scores to guide rehabilitation progression.
- Supported a workplace wellness initiative that contributed to $16,150 in workers' comp cost savings across a 9-month pilot with a regional employer.

## CERTIFICATIONS

- **CERTIFIED ATHLETIC TRAINER | BOARD OF CERTIFICATION FOR THE ATHLETIC TRAINER | 2020**
- **ATHLETIC TRAINER LICENSE | IDAHO DIVISION OF OCCUPATIONAL AND PROFESSIONAL LICENSES | 2020**
- **BASIC LIFE SUPPORT | AMERICAN HEART ASSOCIATION | 2026**