

Sunita Maldonado

Senior Direct Support Professional

Dedicated to person-centered residential care across group home settings, with 6 years of experience in medication administration, behavioral intervention, and mobility assistance. Achieved a 93.3% care plan success rate across 15 clients by reviewing individualized goals monthly and adjusting daily support strategies with the interdisciplinary team. Skilled in CareSmart and electronic health records documentation, vital signs monitoring, and crisis de-escalation aligned with NADSP Competency Standards.

Contact Information

(509) 555-0125

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Ellensburg, WA 12345

Education

BS in Social Services
Central Washington University, Ellensburg, WA 2017 - 2019

Key Skills

- Care Plan Development
- Medication Administration
- CareSmart
- Electronic Health Records
- Behavioral Intervention
- NADSP Competency Standards
- Vital Signs Monitoring
- HIPAA Compliance
- Crisis De-escalation
- Mobility Assistance Techniques

Professional Experience

Senior Direct Support Professional | 2023 - Present
Yakima Ridge Residential Services, Ellensburg, WA

- Achieved a 93.3% care plan success rate across 15 clients by reviewing individualized goals monthly and adjusting daily support strategies with the interdisciplinary team.
- Managed medication schedules for 13 individuals across morning, afternoon, and evening administration windows, maintaining zero missed doses over 9 consecutive months.
- Guided 8 clients through structured mobility exercises, with 6 progressing from wheelchair-dependent transfers to assisted walking within 11 months.
- Recorded client vitals and progress notes in CareSmart within 40 minutes of each shift, covering 2 group homes with a combined 19 residents.
- Implemented behavioral interventions independently for clients with dual diagnoses, coordinating updates with case managers within 24 hours of each incident.

Direct Support Professional | 2021 - 2023
Kittitas Valley Community Living, Ellensburg, WA

- Maintained an 85.7% care plan success rate for a caseload of 14 clients by tracking goal benchmarks in electronic health records and flagging stalled progress within 48 hours.
- Administered and tracked medication schedules for 11 residents, reconciling pharmacy deliveries against prescription records each week to prevent errors.
- Supported 5 clients in regaining independent mobility milestones, including 3 who advanced from bed-level exercises to supervised hallway ambulation in under 7 months.
- Monitored blood pressure, pulse, and oxygen saturation using vital signs equipment for 14 residents, entering all readings into electronic health records before end of shift.

Direct Support Aide | 2020 - 2021
Taneum Creek Group Homes, Cle Elum, WA

- Tracked medication schedules for 7 clients under nurse supervision, confirming dosage accuracy at each of 3 daily administration times.
- Assisted 7 clients with morning hygiene and dressing routines under nurse supervision, noting changes in mood or appetite on each shift sheet.
- Supported 4 clients with range-of-motion exercises prescribed by physical therapists, contributing to measurable mobility gains in 3

individuals within 5 months.

CERTIFICATIONS

- Basic Life Support, American Heart Association, 2026